



WHERE WELLNESS TAKES SHAPE

INTRODUCING FOUNDRY'S VIRTUAL SERVICES!

Foundry is working to make sure all young people in British Columbia (BC) can get the care and support they need, when they need it.

WE ARE NOW OFFERING VIRTUAL DROP-IN COUNSELLING SESSIONS BY VOICE, VIDEO AND CHAT TO BC'S YOUNG PEOPLE AGES 12-24 AND THEIR CARE-GIVERS!

Foundry Virtual services are:

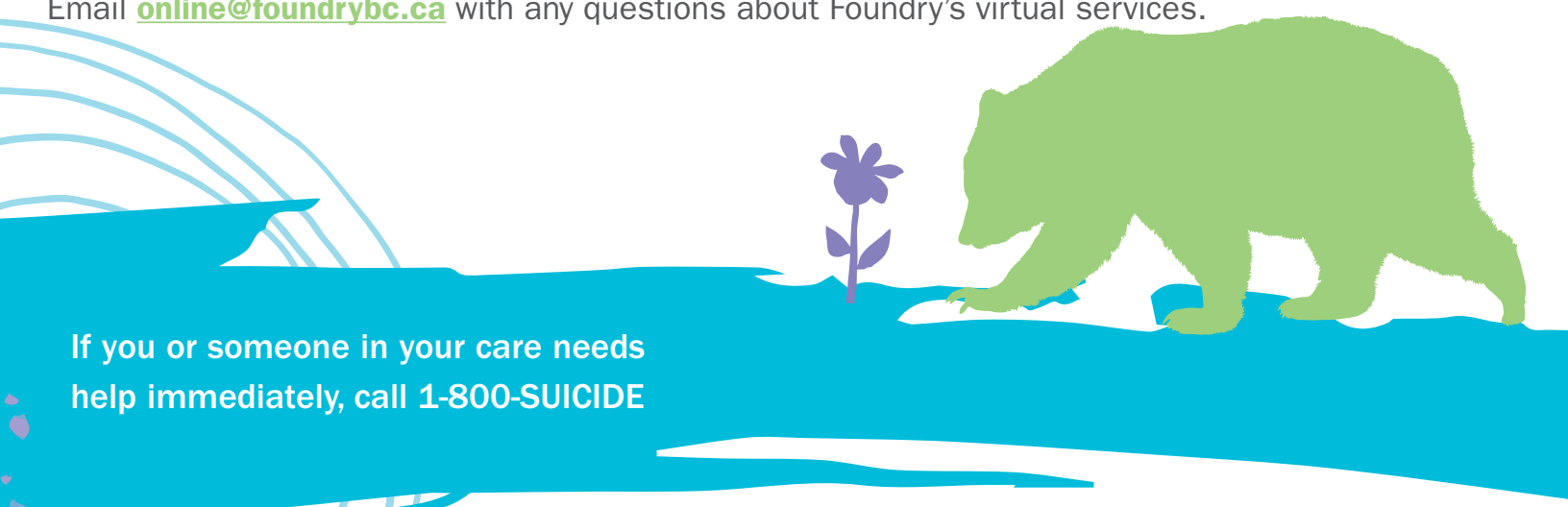
- Available to young people in British Columbia ages 12-24 and their care-givers
- Free and confidential
- Easy to access. No referral or assessment required

**To access this service, call 1-833-FØUNDRY
(yes, that's FØUNDRY with a zero! or 1-833-308-6379)
to book an appointment!**

A staff member will schedule an appointment and provide information for next steps. Each virtual drop-in counselling appointment is a single session service and will last between 15-45 minutes. Young people are welcome to use the service more than once, but we cannot guarantee they will see the same clinician every time.

Visit foundrybc.ca/virtual for up-to-date hours of operation and service details.

Email online@foundrybc.ca with any questions about Foundry's virtual services.



If you or someone in your care needs help immediately, call 1-800-SUICIDE