

## Carole Gagnon

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**From:** Jane Arbuckle  
**Sent:** Sunday, 17 September 2017 3:41 PM  
**Subject:** This Week at Parkside Sept.18-22, 2017  
**Attachments:** Parkside Bell Schedule Sept. 2017.pdf; Parkside Attendance policy.pdf; School Bus Routes 2017-2018.pdf; Tammy Bulleid Welcome Letter 2017.pdf; Parent Support Group Poster September 2017.pdf; Kidney Walk Sept. 24, 2017.pdf; Youth Volunteers.pdf

Good afternoon parents and Parkside students,

This week marks the beginning of regular classes for all Parkside students who have signed a contract with their homeroom teacher. Below I have listed a few items for your consideration. If you have any questions or concerns please phone (250-635-5778) and leave a message or hit "reply" with an email. Our main office hours are Mondays to Friday 8:40AM – 3:00PM. Our office is closed from 12:00-1:00PM.

**Back to School:** I have attached this year's bell schedule for your reference.

**Yoga Anyone:** Every Monday Parkside students have the opportunity to participate in a yoga class facilitated by yoga instructor Barb Yawrenko and Parkside PE teacher Colleen Annibal from 11:10-12:15. Students must bring comfortable clothes to wear for yoga (no jeans permitted). Yoga mats are provided.

**Student Attendance:** Our staff are eager to support students every day. I have attached our school's attendance policy. If your son/daughter is absent from school please call (250-635-05778) and leave a message on the day of the absence.

**No School for Students:** Staff will be participating in workshops on **FRIDAY September 22<sup>nd</sup>**. There will be no classes for students in our school district on this day.

**Bus Transportation:** I have attached a copy of school bus pick up and drop off times for your reference.

**Aboriginal Support Staff:** I have attached a letter of introduction from Tammy Bulleid who primarily supports aboriginal students in the Lakelse program. Tammy is also a noon hour supervisor at our school. Debbie Bulleid supports our aboriginal students in the Teen Learning Centre.

**Parent Support Group:** On **MONDAY September 18<sup>th</sup>** the Kermode Friendship Society located on 3242 Kalum street will be hosting a support group for parents from 6:00-7:30PM. See attached poster for further details

**Youth Volunteers Needed:** Any youth interested in being a volunteer are encouraged to refer to the attachment.

**Kidney Walk: On SUNDAY September 24<sup>th</sup>** Parkside will be hosting a Kidney Walk. See attached poster for further details.

**Student Anxiety:** Check out this website link sponsored by “Anxiety BC” about student anxiety  
<https://www.anxietybc.com/educators>

*Jane*

**Jane Arbuckle**  
**Principal**  
**Parkside Secondary School**  
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